

Fitness Programme



Welcome to SMART FITNESS



*Open
19th Aug
2023*

**ITS
TIME TO
GET FIT**

Open for Students,
Teachers and Outsider

- Instructed Classes
- Aerobics
- Fitness Session
- Pranayama
- Power Yoga
- Meditation
- Group Training

**“ICGC, Nowgong
Girls’ College”
&
“Fitness Hub Nagaon”**

Ring Us :- 9954164380,
7002592803

NOWGONG GIRLS' COLLEGE



**A
FITNESS
PROGRAMME**

Organised by
ICGC CELL
Nowgong College

in collaboration with
LIFE LINE CLUB
Nagaon, Assam

VENUE : KUHI LAVA (AUDITORIUM)
DATE : 19-08-2023
TIME : 7 AM

