



ASSAM YOGA ASSOCIATION

অসম যোগ সংস্থা

Affiliated to: Assam Olympic Association & Yoga Federation of India

Regd. Number - 2775/88-89 dtd. 02-01-89

E-mail:- AssamYogaAssociation@gmail.com, Mobile No. +91-94353-67530



Advisers :

Sri Rupak Sarmah, MLA
Sri Jitu Goswami, MLA
Sri Gokul Mohan Hazarika, IAS (Retd.)
Sri Bharat Ch. Nath

Chairman :

Dr. K.K. Bora, M.D
R.N.B. Road, Nagaon
PIN - 782002
Phone - 9435161863

President :

Sri Tapan Kumar Das,
Kacholukhowa, Nagaon
PIN - 782001
Phone - 9435061711

Hony Gen. Secretary :

Sri Prabhat Chandra Bora
Telia Pahukata, Uriagaon
PIN - 782001
Phone - 9435367530

Ref. No.....

Date..... 24.6.22.....

THE MEMORANDUM OF UNDERSTANDING(MOU)

is made and entered into
on 24th Day of June 2022 by and between the

Department of History, Nowgong Girls' College

Nagaon, Assam

(First Party)

And

Assam Yoga Association

Affiliated to Yoga Federation of India

Regd. Number- 2775/88-89 dtd. 02-01-89

We, the Department of History, Nowgong Girls' College, Nagaon and Assam Yoga Association hereby declare that both organizations are rendering service in their respective capacity to stimulate and facilitate the physical and mental health of the students and have come together to execute a memorandum of understanding. The forms of cooperation shall include:

1. We would like to organize the regular yogic exercise to our students such as Asanas, Pranayama, Meditation and Shatkriyas.
2. We would like to have Yoga camp of one week once in a year for the students of our Department as well as college.
3. We want to help students to cultivate & develop the power of concentration with the cooperation of Assam Yoga Association.
4. We aim at physical fitness and overall development of student's personality of both mental and physical. Counselling sessions will be provided by Assam Yoga Association in this sphere.
5. The certificates would be issued to those students who take part in various activities.

HEAD
DEPARTMENT OF HISTORY
NOWGONG GIRLS' COLLEGE

General Secretary
ASSAM YOGA ASSOCIATION



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6. Both organizations do not have any commercial considerations, but will aim at rendering of social service. The agreement shall be terminated as and when one of the organizations wish to do so.

7. This MOU is executed on 24-06-2022 in the presence of both the parties and witness.

WITNESS

- 1) Kalyan Bora, Nowgong Girls' College
- 2) Smruti Ghosh, Nowgong Girls' College.

PARTIES

Place: Nagaon

Date 24.6.22

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